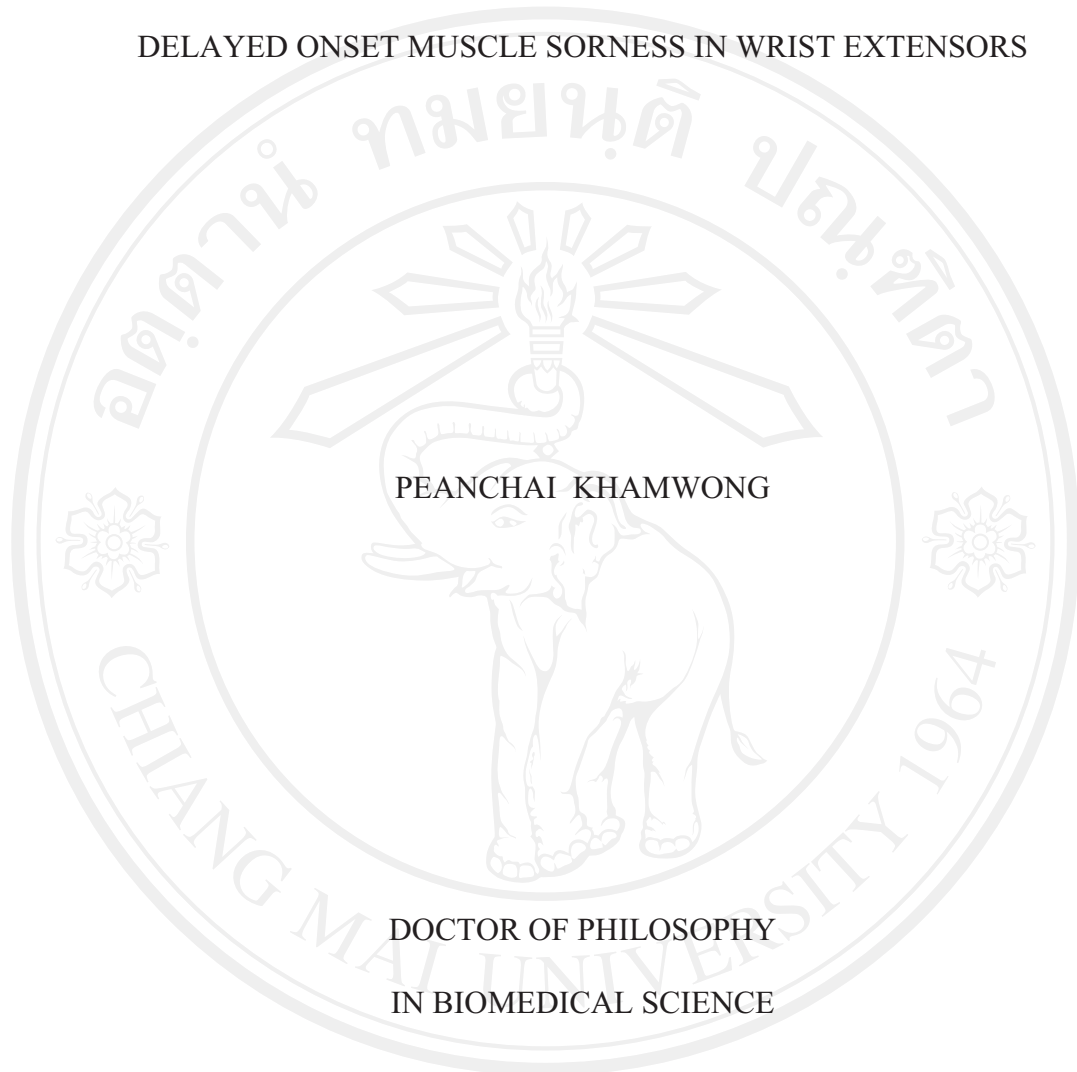


AN INVESTIGATION OF CHARACTERISTICS AND PREVENTION FOR
DELAYED ONSET MUSCLE SORNESS IN WRIST EXTENSORS



PEANCHAI KHAMWONG

DOCTOR OF PHILOSOPHY
IN BIOMEDICAL SCIENCE

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THE GRADUATE SCHOOL
CHIANG MAI UNIVERSITY

AUGUST 2010

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A THESIS SUBMITTED TO THE GRADUATE SCHOOL IN
PARTIAL FULFILLMENT OF THE REQUIREMENTS

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ACKNOWLEDGEMENTS

I would like to express my sincere gratitude and thanks to the following people for their assistance and supports in my research and study:

Assistant Professor Dr. Aatit Paungmali, for his supervision and guidance throughout my study.

Professor Dr. Kazunori Nosaka, for challenging my views and giving me a deeper insight into the subject matter of my thesis, thus broadening my knowledge and outlook.

Assistant Professor Dr. Ubon Pirunsan and colleagues, for their help with my laboratory work.

All of my subjects, for taking part in my experiments; without them my thesis would not have been possible.

My friends, Philip Blant and Scott Ong, for reading and correcting my English grammar.

My parents, for their unfailing belief in my abilities, their endless encouragement and their constant support throughout my study; I will remain forever in their debt.

Finally, I would like to thank the graduate school and the Thai Health Promotion Foundation for funding this study.

Peachai Khamwong